

LECTIO DIVINA

The Enlarging of Our Identity

lectio

reading with a listening spirit

John 14:15 - 24

meditatio

reflecting on what we are "hearing"

How are you a different person because you are united to Jesus? List all the ways.

How has He changed your identity? What does His joining of himself to you do to your value?

oratio

praying in response to this hearing

Talk to God about what you are hearing from Him/about Him/about yourself. He is speaking to you, speak back to Him, and make it a conversation. Tell Him about: the truth that you are savouring, any new knowledge that you have of yourself, any new knowledge that you have of Him... etc

Ask Jesus to show you how he enlarges your identity.





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contemplatio contemplating what we will carry forward into our

Think about your day today... write down three things that people would not understand about your identity unless they knew Jesus

