

LECTIO DIVINA

The Bestowing of Value



lectio

reading with a listening spirit

Jeremiah 9:23 -24

meditatio

reflecting on what we are "hearing"

When have you felt the sharpest sting of failure?

What do you do when you feel like a failure? To where do you run?



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oratio

praying in response to this hearing

Talk to God about what you are hearing from Him/about Him/about yourself. He is speaking to you, speak back to Him, and make it a conversation. Tell Him about: the truth that you are savouring, any new knowledge that you have of yourself, any new knowledge that you have of Him... etc

Talk to God and confess your sin of trying to resolve your struggle with shame without turning to Him.



contemplatio

contemplating what we will carry forward into our lives

How can you turn to God in the midst of your failures? What could you do differently?